

Inauguration Thoughts!



On this absolutely amazing day of President Obama's 2nd Inauguration and the celebration of Martin Luther King, I have some thoughts I'd like to share ...



I think sometimes we need to *figuratively* disable our senses in order to move ahead in our thinking which could impact how we live with each other. Here are my thoughts ...

- ✓ Be **blind** to the raging ignorance, selfishness and intolerance of those with limited vision
- ✓ Be **deaf** to the negativity of others - focus on how and where you want to be in life
- ✓ **Speak** less evil of others ... instead, try your best to speak FIRST what is good, thoughtful and helpful (do your best on this one because there will always be at least one person that will push you to your limit☺)
- ✓ **Cripple** hatred with love, respect and a commitment to be the difference that will make a difference in someone's life.
- ✓ Don't settle! Get what you want by being your very best YOU.

Respectfully at your service,

Dr. B